

STATES OF GUERNSEY BOARD OF HEALTH

The Annual Report of the Community Health Department for 1986 incorporating the

88th ANNUAL REPORT

of the

MEDICAL

OFFICER OF

HEALTH

REPORT FOR THE YEAR 1986



Annual Report of the Community Health Department, incorporating the REPORT OF THE MEDICAL OFFICER OF HEALTH for 1986.

Lukis House, Grange, St Peter Port, Guernsey.

2nd September 1987

Sir,

I have the honour to present to you the Annual Report of the Community Health Department, incorporating the report of the Medical Officer of Health for 1986.

EM aurence

I have the honour to be, Sir Your obedient servant.

E.P. Lawrence, M.A., M.B., B.Ch., F.F.C.M., D.P.H., D.T.M & H.

Consultant Community Physician/ Medical Officer of Health

The President, Board of Health, Guernsey.

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MEMBERS OF THE BOARD OF HEALTH

Counseiller J.R.R. Henry, President

Deputy Rev. A.W. Ingrouille, Vice President

Deputy Mrs. B.E. Nicolle

Deputy R.E. Dorey

Deputy P. Roffey

Deputy Mrs. S. Plant

Jurat G.L. Le Page (to 30th September 1986)

Mr. G.F. Birch (from 1st October 1986)

Dr. S. Heyworth, M.B., B.S., D. Obst., R.C.O.G.

Dr. F. Degnen, M.R.C.P.

INTRODUCTORY LETTER TO THE BOARD OF HEALTH

Mr. President, Ladies and Gentlemen,

Team work is important. This year, the Medical Officer of Health's annual report has been restyled as the report of the Community Health Department to emphasise that the M.O.H. is but one part of a service provided by a team. The objectives of this team are the recording and measurement of the state of the Island's health, the prevention of illness and the provision of supporting services in the community.

The prevention of illness through education and persuasion continues to be unnecessarily arduous through the lack of a trained leader - a Health Promotion Officer. Yet another year has passed without this vital post being filled. The intense pressure on housing, and the resulting severe shortage of Housing Licences for essential workers, combined with rocketing house prices, are a major difficulty. To this must be added the perennial problem of convincing States members and the public that prevention is both practical and effective. A recent leader in the Press expresses public disbelief in this approach: "Whoever is appointed as Health Promotion Officer has, at best, a thankless task, at worst a fruitless one. The odds on success are about the same as on King Canute turning back the tide". Such a gloomy prognosis cannot be refuted if we do not even try to set up an effective preventive service.

There is a lack of public confidence that necessary and difficult changes in personal habits will really prolong life and fitness. Politicians will not back prevention without public pressure and support.

The results of the 1986 census show that the actual population is in excess of previous estimates by some 2000 persons. This has sounded alarm bells, with pressure to introduce some form of immigration control. However, the census has simply quantified what has already happened in Guernsey; services are just about coping with the existing population's needs, but cannot be expected to adapt readily to an increasing load. One exception where population pressure is already causing health problems is the shortage of housing: table 6:5 on page 51 shows how far the provision of housing is falling behind the need.

In addition, and as already mentioned, a further consequence of this and a side effect of affluence, is the great difficulty newly recruited staff have in finding suitable housing. The rising demand for health care of a high standard and specialised nature inevitably means that professional expertise has to be recruited from outside the Island: there are simply not enough Islanders with the necessary training and qualifications to provide the service required. The statement in last year's annual report, that "the quality of health care in Guernsey may depend on Housing Licence policy" is even more true today.

Advances in treatment and its increasing technical complexity, with rising public expectation, inevitably means that the cost of health care increases more rapidly than the cost of living. There is a real danger that concentration on meeting costs and cost reduction will continue to take up so much administrative time and energy that radical ideas will not surface. Short term, conventional answers will continue to be the order of the day, to achieve the objective of quicker treatment of greater numbers of the sick. However, this represents a failure to keep the population healthy. There is a parallel in the world of the motor car: the public want quick repairs and routine servicing for their cars, rather than believing that better driving habits may prolong the life of the vehicle.

Guernsey's problems are all too similar to those across the water, of how to square exponentially increasing demand with necessarily limited resources. Politicians refuse to articulate in public what they know in private about the profound limitations of what can be afforded by either a taxation or an insurance based health service. It is essential that Guernsey learns from the mistakes of others, in reconciling resources with demand. It is better to turn off the tap rather than fit a bigger waste pipe to an overflowing bath.

In July the States Advisory and Finance Committee recruited the help of a firm of management consultants (Peat, Marwick, McLintock) to investigate and advise how best the Island should finance its health care services: it is to be hoped that after they have submitted their report, interest will shift from the plug hole to the tap.

If prevention is to work, it needs staff and resources but, above all, commitment to its philosophy. We are short of all three at present.

Despite these strictures, there has been some progress. Doctors and nurses are working together as primary care teams, rather than as separate services. This concept has been accepted, but its development needs time and training. At long last the inter Island Community Nurse training curriculum has been approved and is ready to start. The Island's terminal care service is now well established and much appreciated in its role of preventing unnecessary suffering during the course of fatal diseases.

Acceptance of immunisation against infectious diseases is at a high level and is improving - but could still be improved in order to protect all children against measles and whooping cough. The health screening of children continues to be comprehensive and effective.

The recognition of AIDS as a major world wide public health problem has been a fresh challenge to show that prevention can work. The fact that there are three individuals in the Island who are "antibody positive" (carriers of the Human Immunodeficiency Virus) shows that Guernsey cannot avoid facing up to this latest of man's afflictions. It is a local as well as a universal problem and it will not go away. Practical measures such as screening all blood donations to prevent infection, (since December 1985), preparing guidelines for hospital and community care of infected individuals, and mounting a comprehensive health education programme are all underway. The Board of Health has set up an AIDS Working Party, under the chairmanship of the Consultant Community Physician to co-ordinate these activities.

It should not be forgotten that AIDS is but one of many sexually transmitted diseases. The Board of Health provides a free service at the Hospital Lane Special Treatment Clinic, staffed by the States' Venereologists. Dr. Strickland's retirement in December marked the end of an era in this field. He and Dr. Cambridge have between them given 88 years of service to the Island's Venereology department - a signal example of continuity of service. Their replacements have taken over this work at a time when this firm foundation will pay dividends in enabling the clinics to cope with the problems of the latest of a long line of sexually transmitted diseases - AIDS.

In the autumn there was an outbreak of salmonella food poisoning due to contaminated confectionery filling. The popularity of such food ensured wide distribution of the salmonella: in all, 123 individuals were infected. Investigations were successful in that transmission of infection was rapidly halted as soon as the source had been found, but this activity did severely restrict the amount of routine work that could be carried out by the Environmental Health Department for a prolonged period.

Vital statistics for Guernsey were reported last year to be satisfactory. This is a relative term. Table 2:2 on page 22 shows the dramatic improvement in infant mortality and related statistics over the past 50 years, but it is sad that with such a healthy start, the health performance of adults should have deteriorated so much by the end of their working life. Table 8:1 on page 56 shows the continuing, unnecessary, preventable loss of life before retiring age. Cigarette smoking continues to be a major health hazard, supported by commercial interests. An increase of tobacco sales may be good for business: it is certainly bad for health.

The Island continues to be preoccupied with minor distractions when there are a number of major health problems which need to be remedied. Nuisances that offend the nose or eye are felt to be of more importance than changing behaviour to reduce the toll of the real killers. Guernsey, in common with the U.K., remains near the bottom of the European league table in preventing early death and disability from lung cancer and heart disease. Both continue to take a high toll.

The committee set up to investigate and advise counter measures against alcohol and drug induced problems submitted its final report on Drugs to the States in September. All 17 of their proposals were accepted by the States, but persistence will be required to see that these proposals are implemented.

The Environmental Health Department has been reshaped, with Mr. Cook appointed as Deputy Chief Environmental Health Officer, and Mr. Smith in post as an Environmental Health Officer following 4 years' training and experience on the mainland. The Chief Environmental Health Officer is now directly responsible to the Board of Health for his department's activities. The monitoring of the environment and the prevention of hazards causing damage to health is slowly moving from reaction to complaints, towards "preventive maintenance".

The work of many of the departments that contribute to the Community Health Services are given in detail in the following pages. All staff have continued to provide a high standard of service, but three major issues still hold back progress: failure to recruit a permanent Community

Paediatrician to guide and plan the Preventive Child Health Service, failure to appoint a Health Promotion Officer and lack of satisfactory premises for the Community Health Department. It is devoutly to be hoped that solutions can be found for these problems which are developing an unhealthily long pedigree of insolubility.

Yours faithfully,

E.P. LAWRENCE

Consultant Community Physician (MOH)

HISTORICAL BACKGROUND

THE CHANGING FACE OF GUERNSEY

It may be of interest to compare an extract from the 32nd Annual Report of the MOH for 1930, prepared by Dr. Henry Draper Bishop, States MOH, with the current position:-

GUERNSEY 1930

The soil, composed of disintegrated granite and schist, is very fertile. Enormous quantities of tomatoes, grapes and other fruit, vegetables and flowers are grown, chiefly under glass, for export.

This industry is the chief one, but in addition, large quantities of granite for road-making are exported. The rearing, for sale in England and the United States, of the far-famed Guernsey cattle (including those from Alderney and Sark) is an important industry. These cattle are highly prized, not only for the richness of their milk, but above all for their freedom from Tuberculosis.

The population at the census of 1911 was 41,854; in 1921 it was stated to be 37,914 with 1,098 visitors, and the provisional figures for 1931 shew a population of 40,470.

Guernsey is a health resort throughout the year, but particularly so in the summer and autumn months. Not only are its natural beauties so great, but its salubrious yet bracing climate is highly attractive. It is cooler in summer and warmer in winter than on the mainland.

Drainage is good and modern in towns. The water supply, now the property of the Government of the island, is of exceptional purity and derived from deep wells, but additional sources of supply from streams have lately been obtained.

Guernsey enjoys Home Rule. With Alderney and Sark it forms a Bailiwick and is governed by a Lieutenant-Governor. The Bailiff is the Chief Civil Official.

GUERNSEY 1986

The administrative area is in the Bailiwick of Guernsey, which comprises the islands of Guernsey, Alderney, Sark, Herm and Jethou. Guernsey is the largest of these and the most westerly of all the Channel Islands: Alderney is the most northerly and but nine miles from the coast of France. Sark, Herm and Jethou lie between Guernsey and that section of the coast of France which contains the Bay of Avranches. Alderney and Sark each have their own Parliament, the States of Alderney and the Sark Chief Pleas. This is an over simplification which must suffice for present purposes.

The Community Health Department functions within the Board of Health. The Board is a standing committee of the States of Guernsey, deriving its powers from Guernsey legislation and carrying out resolutions made by the States, to whom it is responsible. This independence from the central government of the United Kingdom is what the stranger to the Channel Islands finds most difficult to understand. Nevertheless it is so and some 900 years of self government since William, Duke of Normandy, gained the English Crown are sufficient proof of this.

COMMUNITY HEALTH DEPARTMENT : STAFF.

The Community Health Department consists of independent but interdependent sections, managed by a team consisting of the Consultant Community Physician(Medical Officer of Health), the Director of Community Nursing, the Chief Environmental Health Officer and the Administrator, Community Services.

MEDICAL STAFF

Consultant Community Physician/Medical Officer of Health Senior Clinical Medical Officer Part-time Assistant Medical Officer of Health, Alderney 4 Part-time sessional doctors working in Occupational Health, Child Health and Venereology services.

NURSING STAFF

Director of Community Nursing
Nursing establishment in whole time equivalents:-

Health Visitors	9.3
Community Nursing Sisters	12.6
Staff Nurses	3.08
Enrolled Nurses	7.44
School Nurses	2.3
Nursing Auxiliaries	5.87

Alderney

Health Visitor / Community Nurse 1.5

ENVIRONMENTAL HEALTH STAFF

Chief Environmental Health Officer Deputy Chief Environmental Health Officer 4 Environmental Health Officers 2 Rodent Operatives

CLERICAL AND ADMINISTRATIVE STAFF

Administrator (Community Services) *
Executive Assistant to Consultant Community Physician
Office Manager
Clerks, typist - 5 whole time equivalents

* This is not a whole time post.

COMMUNITY HEALTH DEPARTMENT - FINANCE 1986

(The figures for 1985 are shown in brackets)

			1986		1985
			£		£
Analyst's Fees			383	(CR)	(1614)
Cleaning, Fuel, Light, Water	and Rer	nts	6846		(7298)
Home Dialysis			30642		(22161)
Infectious Diseases: Notific Vaccina	•	c.			
Doctor's Fees			8569		(9477)
Drugs, Vaccines, etc.	8609	(8313)			
Less Recoveries	3066	(3756)	5553		(4557)
Office Equipment and Furnitu	re		14476		(21679)
Postage, Stationery and Telep	phones		10402		(11516)
Rodent and Pest Materials			4115		(2652)
Salaries and Wages			631829		(523824)
Superannuation			53401		(52253)
Special Treatment Clinic			10714		(14836)
Uniforms			2183		(1074)
Upkeep and Repair of Building	g		4418		(2537)
Travelling Expenses			67140		(57489)
Welfare Foods	5032	(3259)			
Less Recoveries	4888	(3655)	144		(396CR)
Other Expenses			3820		(3984)
					(0500 555)
			£853,869		(£736,555)
Less Recoveries from Educa	ation Co	ouncil	64,500		(59,800)
			£789,369		(£676,755)

Table: 1:1 VITAL STATISTICS - 1986 - GUERNSEY

	1986	1985
Estimated mid year resident population	55,482	53,300
Population density per acre (area 16,063 acres)	3.45	3.32
Population density per hectare (6,500 hectares)	8.54	8.20
Live births Live birth rate per 1,000 population	671 12.1	642 12.0
Illegitimate births Illegitimate birth rate per 1,000 live births	96 143.0	105 163.6
Stillbirths Stillbirth rate per 1,000 total births (live & still)	4 5.9	7 10.8
Marriages Marriage rate - persons marrying per 1,000 population	464 16.7	365 13.7
Divorces Divorce rate - persons divorcing per 1,000 population	192 6.9	140 5.3
Deaths Death rate per 1,000 population Corrected death rate (comparability factor 0.91)	614 11.1 10.1	608 11.4 10.4
Infant deaths - in first year of life Infant death rate per 1,000 live births	2 3.0	4 6.2
Neonatal deaths - in first four weeks of life Neonatal mortality rate per 1,000 live births	1 1.5	3 4.7
Early neonatal deaths - in first week of life Early neonatal mortality rate per 1,000 live births	1 1.5	3 4.7
Perinatal deaths - stillbirths and early neonatal deaths Perinatal mortality rate per 1,000 total births (live still	& 7.4	10 15.4
Maternal deaths	0	0
Deaths from cancer, all forms	162 2.8 40 721 24.7	168 3.2 48 900.6 28.6
Deaths due to tuberculosis, all forms	1	0

(These figures are for the Island of Guernsey only)

1.5.1	1986
11.6 12.5 11.1 6.7 10.8 5.0 147.1 163.6 127.6 147.1 163.6 127.6 11.4 15.4 13.7 11.4 12.4 10.7 2.8 3.2 2.5 27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	Mo
11.6 12.5 11.1 6.7 10.8 5.0 147.1 163.6 127.6 2 147.1 15.4 13.7 11.4 12.4 10.7 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0	55,482
6.7 10.8 5.0 147.1 163.6 127.6 2 14.7 15.4 13.7 11.4 12.4 10.7 27.0 30.3 24.2 27.0 30.3 24.2 7.5 11.3 4.7 6.7 3.0 0 0 0 0 0 0 0 0 0	671
147.1 163.6 127.6 2 14.7 15.4 13.7 11.4 12.4 10.7 2.8 3.2 2.5 27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	4
14.7 15.4 13.7 11.4 12.4 10.7 2.8 3.2 2.5 27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	96
11.4 12.4 10.7 2.8 3.2 2.5 27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	494
2.8 3.2 2.5 27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	614
27.0 30.3 24.2 10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0 0 0 0 0 0 0	162
10.4 17.8 6.2 7.5 11.3 4.7 4.8 6.7 3.0 0 0 0 0 0 0	40
7.5 11.3 4.7 4.8 6.7 3.0 12.4 14.4 8.5 0 0 0 0 0 0 0 0 0	2
6.7 3.0 12.4 14.4 8.5 0 0 0 0 0 0	
12.4 14.4 8.5 0 0 0 0 0 0	1
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GUERNSEY

Population, Live Birtns and Live Birth Rate, Deaths, Crude Death Rate,

Infant Deaths and Infant Death Rates, 1961 - 1986 inclusive.

Table: 1:3

Rate#																											
Infant Death Rat		21.1	18.8	28.5	21.3	19.6	16.7	28.3	21.3	16.9	16.4	13.0	17.7	18.4	13.3	14.7	14.5	8.5	15.5	12.4	12.9	17.8	10.2	•	10.1	6.2	3.0
Infant Deaths		16	15	24	19	16	13	21	16	14	13	10	14	12	o	O	o	ហ	O	∞	∞	11	9	ഹ	9	7	2
Crude Death Rate*		12.9	12.7	11.9	11.7	12.1	11.9	11.3	13.4	13.0	12.3	12.7	11.2	11.4	11.6	11.9	11.3	11.4	10.4	11.0	10.7	11.2	11.8	12.4	10.7	11.4	11.1
Deaths	,	9	569	545	240	568	564	979	929	643	616	979	576	595	610	634	909	617	267	601	571	595	630	661	581	809	614
Birth Rate		17.2	17.8	18.6	19.3	17.5	16.4	15.4	15.4	16.8	15.8	15.1	15.4	12.6	12.9	11.5	11.6	10.8	10.7	11.8	11.7	11.6	11.1	12.4	11.2	12.0	12.1
Live Births		757	797	842	891	816	780	741	752	830	794	768	790	653	6 2 9	611	623	587	582	979	622	619	589	099	596	642	671
Resident Population +		,01	44,705	,39	46.085	46,775	47,465	•	48,840		•	•	51,465	•	•			•	•	•	•	•	53,300	53,300	53,300	53,300	55,482
Year		9	1962	1963	1964	1965	1966	1967	1968	1969	1970	1971	1972	1973	1974	1975	1976	1977	1978	1979	1980	∞	1982	1983	1984	1985	1986

+ Estimated mid-year population * Rates per 1000 population # Infant death rate per 1000 live births

Table: 1:4

POPULATION ESTIMATES - 1961 - 1986

GUERNSEY (Including Herm and Jethou).

Estimated populations are based on the information available from previous censuses taken together. The working has been explained in the MOH's Annual Reports for 1978 and 1979, to which reference should be made for detail.

YEAR	POPULATION	MALE	FEMALE	BIRTHS	DEATHS	NATURAL INCREASE
1961 C	44,012	21,172	22,840	757	569	188
1962	44,705	21,505	23,200	797	569	228
1963	43,395	21,835	23,500	842	542	300
1964	46,085	22,165	22,165	891	540	351
1965	46,775	22,500	24,275	861	568	248
1966	47,465	22,830	24,635	780	564	216
1967	48,160	23,165	24,995	741	546	195
1968	48,840	23,490	25,350	752	656	96
1969	49,540	23,830	25,710	830	643	187
1970	50,230	24,160	26,070	794	616	178
1971 C	50,921	24,493	26,428	766	646	120
1972	51,465	24,755	26,710	790	576	214
1973	52,005	25,040	26,965	652	595	57
1974	52,550	25,330	27,220	679	610	69
1975	53,095	25,620	27,475	611	634	-23
1976 C	53,637	25,909	27,728	623	606	17
1977	54,270	26,210	28,060	587	617	-30
1978	54,320	26,235	28,085	582	567	15
1979	54,570	26,357	28,213	646	601	45
1980	53,390	25,740	27,650	622	571	51
1981 C	53,313	25,701	27,612	619	595	27
1982	53,300	25,720	27,580	589	630	-41
1983	53,300 ¥	25,720	27,580	660	661	-1
1984	53,300 ¥	25,720	27,580	596	581	15
1985	53,300 ¥	25,720	27,580	642	608	34
1986 C	55,482	26,859	28,623	671	614	57

C Census Year

Y No recalculation has been made for 1983 - 1985 because of the small difference between births and deaths in these latter years.

The effect of immigration is a much more elusive factor to quantify and is not shown.

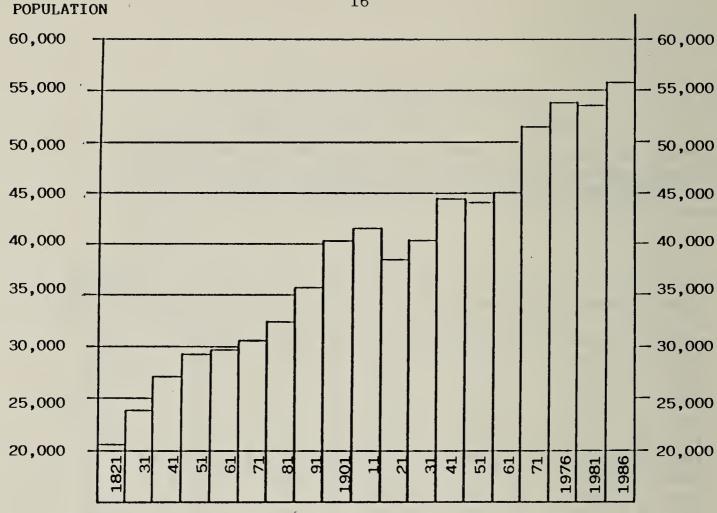


Fig: 1:5 CENSUS POPULATIONS 1821 to 1986 - GUERNSEY.

GU	ERNSEY	ALDERNEY	SARK	HERM	JETHOU	BAILIWICK	
1821	20,302	1,154	488	28	9	21,981	
1861	29,804	4,932	583	41	5	35,365	
1911	41,823	2,561	579	33	2	44,998	
1961	44,968	1,472	561	90	8	47,099	
1971	51,351	1,686	590	96	11	53,734	
1981	53,268	2,086	N/K	37	8	56,000 (Est)
1986	55,482	N/K	N/K	59	2	58,200 (Est)

CENSUS POPULATIONS 1821 - 1986 - BAILIWICK

Table: 1:6

GUERNSEY: SOME COMPARISONS OF AVERAGE AGE AT DEATH

Table: 1:7	1974	1979	1983	1984	1985	1986
FEMALE DEATHS						
Guernsey	76.9	76.3	78.4	77.1	76.6	76.9
Jersey (mid 5 year average)	75	76	76	75	76	75
U.K.	74	75	75.2	75.5	7 5	-
MALE DEATHS						
Guernsey	66.3	68.9	71.5	71.1	71.5	71.6
Jersey (mid 5 year average)	68	68	70	71	70	69
U.K.	67.7	68.8	69.6	69.5	73.3	-
DIFFERENCE BETWEEN MALES AND FEMALES, IN YEARS						
Guernsey	10.6	7.4	6.9	6	5.1	5.3
Jersey	7	8	6	4	6	6
U.K.	6.3	6.2	5.6	6	1.7	-

PREVENTIVE CHILD HEALTH

The aim of this service is to promote the health of children and to minimise disability, in the belief that a healthy child has a better chance of growing into a healthy adult.

Four main approaches are used - Systematic screening for abnormalities, education about healthy living, advice on how best to use the health services and protection from specific illnesses by Immunisation.

Success depends on good team work, involving family doctors, health visitors, school nurses and the Senior Clinical Medical Officer.

The agreed schedule of procedures is given below to indicate how different members of the team work together. The preventive programme is carried out in the home, in surgeries, in Child Health Clinics, at Lukis House and in schools.

Screening: It is now generally accepted that most of the major physical abnormalities are detected in the first year of life. Thereafter, the important points to watch are the development of walking and of speech, and of the special senses of sight and hearing. Regular reviews of sight and hearing are the two most valuable screening measures needed after infancy. If the child is competently examined before the age of one year, little is to be gained by further full physical checks at frequent intervals. It is nevertheless vital that the service should respond promptly to an invitation to check a child whose development or behaviour does not seem normal. This combination of careful assessment in the first year of life, some routine screening thereafter, and response to referrals at any age is the current basic pattern of child health services.

Prevention Programme:

Pre School

Ante natal care: Health Education and surveillance during the ante natal period is shared between Health Visitors, Midwives and doctors.

The perinatal period: Health visitors take over their duties from the Midwives when a baby is 10 days old; they visit the mother, giving support and advice and encourage attendance at Chid Health Clinics for screening and at doctor's surgeries for Immunisation. The family doctor carries out a physical examination of the new born infant as part of routine perinatal care.

Six Weeks:

This should be followed with a second examination by a doctor at about six weeks of age. Health Visitors carry out periodic development checks throughout infancy as part of their surveillance during continued contacts with the family.

3 - 9 months: Routine primary immunisation against diphtheria, tetanus, whooping cough and polio should consist of three spaced doses of the vaccines at about 3, 5 and 9 months of age.

8 months:

Health Visitors carry out a developmental check on all babies at Lukis House, hearing is tested by the distraction method. If progress is in doubt, the baby is referred to the Senior Clinical Medical Officer for an opinion. Health Visitors repeat developmental assessments in the home during the second year of life.

13 months:

Vaccination against measles by the family doctor is strongly recommended.

3 Years:

Health Visitors carry out a developmental check including hearing and visual acuity and again refer problems to the Senior Clinical Medical Officer. The immune status is reviewed; parents are encouraged to finish incomplete programmes and in particular to accept vaccination against measles, if this has not been done. Parents are also encouraged to take their child to a Dentist for routine surveillance if they have not yet done so.

At School:

4 - 5 Years:

At school entry, every child has a routine physical examination by the school doctor; the sight and hearing are tested. A skin test for tuberculosis is carried out by the school nurse, who also checks height and weight. Immunisation is reviewed, with encouragement to accept boosters against diphtheria, tetanus and polio from the family doctor.

7 years:

The sight of all 7 year olds is checked.

10 Years:

Hearing and Vision, including colour vision, is tested. A tuberculin skin test is carried out and negative reactors are vaccinated against TB. The school nurse checks height and weight.

11 Years:

Girls are vaccinated against German Measles.

13 Years: Vision screening is carried out.

15 Years: Each individual's state of health is reviewed and

those requiring physical examination are seen by the

school doctor. Sight and hearing are checked. The school nurse checks height and weight. Girls who have missed Rubella vaccination are

encouraged to have this done.

Health Visitors, school nurses and school doctors accept referrals from teachers or parents of any child of any age where there is concern about health or development. The action taken includes investigation of the problem, liaison with other professionals and in particular the family doctor, or referral for specialist help, as appropriate.

BIRTHS IN 1986 AND DEATHS IN THE FIRST YEAR OF LIFE.

There were 671 live births in 1986 and 4 stillbirths.

There were 2 deaths of infants under a year old, 1 of which occurred in the first four weeks of life (neonatal death); this was an early neonatal death, in the first week.

Perinatal deaths are those deaths occurring before parturition and within one week afterwards, that is to say stillbirths and early neonatal deaths. There were 5 perinatal deaths in 1986, giving a perinatal death rate of 7.4 per 1000 total births (live & still). These statistics compare favourably with those in England & Wales, and are about half the figures of ten years ago.

Statistics relating to births and infant deaths since 1930 are shown in Table 2:2. It must be remembered that when the number of deaths in a year reaches a very low figure, the death rates calculated from these figures may fluctuate widely from year to year. The neonatal death rate for example, has fluctuated from 1.7 to 11.3 in the last 10 years, but does not indicate a dramatic deterioration or improvement of services from one year to the next.

The number of small babies born decreased from 6.5% to 6.1% of all births, and the number of teenage pregnancies has also fallen: both are important factors affecting infant mortality.

The figures taken as a whole, are however a remarkable indication of the improvement in obstetric and perinatal care that has taken place over the past half century, and of the maintenance of a high standard of care.

It is salutory to remember that just over 50 years ago, in 1933, there were 9 maternal deaths, 30 stillbirths and 56 deaths of infants under 1 year of age, for a population three quarters of the present figure. The infant death rate was twenty six times greater than today.

Table: 2:1

COMPARISON OF INFANT DEATH RATES

			5 YE.	AR AVER	AGES	
	1960 - 64	1965 - 69	1970 - 74	1975 -79	1980 - 84	1986
Infant Death Rate	20.6	20.5	15.5	13.1	11.7	3.0
Neonatal Death Rate	14.4	14.8	11.1	8.4	8.5	1.5
Perinatal Death Rate	N/A	27.9	21.7	17.1	11.6	7.4

1930 - 1986 STATISTICS RELATING TO BIRTHS AND INFANT DEATHS -

Table: 2:2

1	a)		22
	Maternal Deaths No. Rate	3 N/A 1 1.6 N/A N/A Nil * Nil *	N N N N N N N I I I I I I I I I I I I I
	rinatal aths o Rate	N/A N/A N/A N/A N/A N/A 27.9	4.41 4.86 7.11 7.11 4.7
	Per Dea No	40 22 16 11	99 99 100 120
	Early conatal Deaths	1/A 1/A 1/A 1/A 10.0 10.0	6 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0
	Neor De No	ZZZZZZ	4400461
	Neonatal Deaths No Rate	N/A N/A N/A N/A N/A 13 114.4 11.1 8 111.1 5 8.11.1	6 10 7 4 4 6 . 1 1 . 3 1 . 1 . 2 1 . 1 . 2
	Infant Deaths o. Rate	2002 2002 2006 2006 13.55	12.9
	H D NO	444 448 711 811 811 8	8 H 9 C 9 A 7 C 7 C 7 C 7 C 7 C 7 C 7 C 7 C 7 C 7
	ill rths Rate	334 222.3 117.9 114.6 12.0	88 0.08 0.09 0.09 0.09 0.09
	St Bi	227 111 1133 60	N N W 4 W / 4
	Female Live Births	372 379 375 385 389 385 294	283 284 275 323 304 345
	Male Live Births	377 408 391 369 375 412 316	339 339 337 299 326
	Birth Rate	18.1 19.4 10.7 10.6 11.3	11.7 11.6 11.1 12.5 12.0
	Live Births	749 787 766 734 704 811 785 736	622 619 589 660 596 671
	Five Year Averages	1930-34 1935-39 1945-49 1955-59 1960-64 1970-74 1975-79	Annual Figures 1980 1981 1982 1983 1985 1985

N/A = Figures not available Five year average numbers to nearest whole number \star There was 1 maternal death in each of these 5 year periods. Note:

Table 2:3

TOTAL LIVE BIRTHS (BY AGE OF MOTHER)

AGE-GROUP	MALE	FEMALE	TOTAL	<u>%</u>
15-19	22	20	42	6.3
20–24	75	72	147	22.0
25–29	126	124	. 250	37.2
30-34	71	95	166	24.7
35 +	32	34	66	9.8
	. 326	345	671	100 %

Table 2:4

ILLEGITIMATE LIVE BIRTHS 1986 (BY AGE OF MOTHER)

	MALE	FEMALE	TOTAL	<u>%</u>
15-19	16	16	32	33.3
20-24	14	16	30	31.3
25-29	15	8	23	24.0
30-34	5	3	8	8.3
35 +	1	2	3	3.1
	51	45	96	100 %

Teenage Pregnancies

There were 42 teenage pregnancies (6.3% of all births) compared with 43 last year. Three quarters resulted in the birth of an illegitimate infant.

Thus 32 infants were born with the risk factors of illegitimacy and a young and inexperienced parent, often single

Twins

One pair were born in 1986, compared with 10 in 1985.

Table: 2:5

LIVE BIRTHS CLASSIFIED BY BIRTH WEIGHT - LEGITIMATE & ILLEGITIMATE - 1986

BIRTH WEIGHT GRAMMES		ABIES ITIMATE		BABIES ILLEGITIMATE		
	М	F	. М	F		
Under 501	-	-	-	-		
501 - 1,000	-	•••				
1,001 - 1,500	-	1	2	-		
1,501 - 2,000	2	2	-	1		
2,001 - 2.500	11	18	2	2		
2,501 - 3,000	31	59	8	11		
3,001 - 3,500	109	126	24	17		
3,501 - 4,000	90	72	13	13		
4,001 - 4,500	25	20	2	-		
4,501 - 5,000	5	2		1		
OVER 5,000	1	-	-			
Not known	1	-	-			
TOTALS:	275	300	51	_ 45		
Total Live Births		67	1			

6.1% of all infants born weighed less than 2.5 Kgm at birth (U.K. rate 6.9%)

INFANT IMMUNISATION

The number of intants eligible for immunisation (at risk from the disease) for each year of the table is arrived at by deducting infant deaths and emigrants from births in that year and adding immigrant infants still requiring immunisation. "Protected" children are those who have had a complete primary course of immunisations.

Table: 2:6

	Infant	PROTECTED AGAINST								
Year	at risk by		_		Whooping		Polio		Measles	
	year of birth	No No	etanus %	Cough No	%	No	%	No	%	
1979	633	616	97.3	348	55.0	-	_	-	-	
1980	575	563	98.9	322	56.0	_	_	_	_	
1981	590	548	92.9	378	64.0	400	67.8	56	9.5	
1982	592	442	80.7	401	73.1	378	58.6	162	23.9	
1983	660	531	81.1	465	70.5	403	61.1	240	36.4	
1984	609	528	86.7	468	76.8	436	71.6	308	50.6	
1985	632	464	73.4	421	66.6	426	67.4	317	50.1	
1986	661	112*	16.9	106*	16.0	104*	15,7	_	-	

* These figures are incomplete. Infants born in the last quarter of 1986 are only just commencing immunisation by the year's end.

Measles vaccination is offered in the second year of life: no children are vaccinated in the year of birth. Notification of vaccination started in 1983, so the total is an under estimate of the true position. Notification of vaccination against Polio is likewise very incomplete, and has not yet been remedied. Now that notification of immunisation is more complete the figures support the view that a reasonably high proportion of infants are being protected against all these diseases, though improvement is both possible and particularly necessary with respect to Whooping Cough and Measles.

The number of children protected against Whooping Cough are those who have had 3 doses of Triple Vaccine (DT Per/Vac).

Those protected against diphtheria and tetanus have either had a total of 3 doses of Triple vaccine or Diph/Tet vaccine.

Table: 2:7

ANNUAL STATISTICS FOR HEALTH VISITORS - 1986

1)	Primary 0-1 Primary 1-5 Re-visits 0-1 Re-visits 1-5		4984177	1985 640 44 3172 2932
2)	School Children Home visits School visits			81 2
3)	Visits to: Families with problems. The Elderly		. 671 . 36 . 5 . 137 . 50 . 2 . 55 . 134	361 408 15 14 98 57 1 21 32 84
4)	Infectious Diseases: B.C.G. Programme: M.P.T		6 8 3	14 10 8
5)	Unsuccessful Visits:	(no access)	1155	682
6)	Clinics: Maternity bookings Developmental screening. Child welfare	• • • • • • • • • • • • • • • • • • • •	. 413	206 387 219

Table : 2:7 contd

7)	Health Education: (439 sessions)	<u>1986</u>	1985
	Schools	28	9
	Groups	26	6
	Preparation sessions	24	7
	Parentcraft	22	14
	Post-natal	237	6
	Film evening	102	3
8)	Meetings with: (842 sessions)		
	Medical Officer of Health	13	9
	School Medical Officer	16	10
	Health Visitors	234	142
	Group Practices	222	124
	Community Nurses	7	18
	Case Conferences	181	96
	Other	169	44
9)	Miscellaneous: (346 sessions)		
	Clerical	241	132
	Interviews at Lukis House	43	53
	Evening & Weekend visits	40	25
	Pupil Nurse Training	22	13

Table: 2:8

CHILD HEALTH CLINICS - 1986

Number of clinics held and the number of children seen by Health Visitors at these Clinics.

		Number of children seen.				
	Clinics held	Number aged 0 - 1	Average per clinic	Number aged 1 - 5	Average per clinic	
Brock Road, St Peter Port	24	200	8	176	7	
Cobo	51	1180	23	353	7	
Lukis House	49	1330	27	357	7	
L'Islet	24	503	21	317	13	
St Peter's	23	329	14	269	12	
St Martin's	23	353	15	166	7	
St Sampson's	24	424	18	207	9	
Cobo Surgery	33	391	12	20	1	
Les Merriennes Surgery	10	399	40	15	1	
Totals:	261	5,109	20	1,880	7	

Total: 6,989 children

1985 Clinics: 214. Total Children: 4,989 1,939

6,928

Note: Clinics started at Cobo Surgery in May 1985 (weekly basis) and at Les Merriennes Surgery in February 1985 (monthly basis)

HEALTH EDUCATION

Prevention by persuasion is not popular in Guernsey.

There is a strong belief that only the law should define acceptable or unacceptable behaviour, as the current expression of public sentiment. In other words, the State should not waste public money on preventing harmful habits (such as smoking) unless there is a law against it. This makes it difficult to encourage the necessary moderation and self control when indulging various appetites to excess. For too long there has been a belief (both in private and in commercial life) that if something is good (or enjoyable), more must be better. No business expects its profits to be stationary - they must rise each year, and by increased consumption of all the products sold. Finding an acceptable alternative to the doctrine of increased consumption (whether of food, alcohol or sexual partners) is a key factor in health promotion.

Health Promotion is concerned with making healthy choices easier choices. This task is not a simple one and there will be little progress without a trained and experienced Health Promotion Officer.

This individual has to devise, market, advertise and sell an attractive alternative life style.

FAMILY PLANNING

The Guernsey Family Planning Association continued to provide a service which meets a very real need. Clinics are held on Wednesday evenings, at Lukis House.

The Clinic is available to the public both directly (for those unwilling initially to consult their own doctor) as well as to individuals referred by their doctor or Health Visitor.

There were 153 new registrations at the clinic, and a total of 863 attendances.

NON-ACCIDENTAL INJURY TO CHILDREN

The Guernsey Child Abuse Committee, consisting of the Medical Officer of Health, the Senior Clinical Medical Officer, a Chief Inspector of Police, the Chief Inspector of the NSPCC, the Director of Community Nursing, the Deputy Director of Education and chaired by the Children Officer, met regularly to review procedures.

Ways of improving medical advice, and better methods of working with the police, were discussed at length. The sexual abuse of children is increasingly recognised as a substantial problem and training seminars on this topic were held during the year. The revision of the 'At Risk' guidelines has started.

It has become very obvious that the effective prevention of child abuse involves a considerable amount of staff time.

The Children Board have therefore developed a specialised service to deal with these difficult problems.

COMMUNITY NURSING SERVICE 1986

It has been a very busy year, and an exciting one for the community staff.

Inter-Island District Nurse training was very much in the foreground.

The tutor for District Nurse training, Mrs Jean Rhodes, came into post on 1st September 1986 at the Highlands College of Further Education in Jersey.

A course planning committee was formed, and Mrs D. Jackson, Director of Community Nursing, Guernsey, made regular visits to Highlands College in Jersey to work on the planning and curriculum for this course.

The English National Board for Nursing, Midwifery, and Health Visiting, are responsible for controlling the standards of each individual course, and colleges must adhere to strict criteria both in resources, and planning a curriculum.

The last six months of 1986 therefore was used for the planning of this curriculum which had to be initially approved by the English National Board prior to a final validation visit by the Board members to the training establishment to meet the committee members.

This process always takes approximately ten months for each establishment. Validation for a course is not automatic; many colleges are turned down by the Board if the curriculum presented is not good enough. However, the local Inter Island proposals have subsequently proved acceptable to the English National Board, and the first course is expected to commence in September 1987. The theory part of the course will take place at Highlands College, Jersey; the practical module will be done here in Guernsey.

Throughout 1987 staff will have to be trained to become practical work teachers, and an assessor for the students, so that the practical work can be done here. Places for the three trained community Sisters have been booked in England for them to undertake this special training ready for the course. Providing they are successful, the course will go ahead.

Primary Health Care teams are now progressing satisfactorily. It has been a year for consolidating a new concept.

Home care services for the terminally ill have been built up to include bereavement counselling of families. Mrs. Mary Jones, the Home Care Sister, has given many talks to the public and professionals about her role, and we have had many appreciative letters, regarding the help she has given to families at such a critical time for them.

Due to the pressure of work, another Sister was employed in August and went to England to the McMillan Unit, Christchurch, to undertake a six week course on management of terminally ill patients. Mrs Barbara Yates became fully operational in her job in November, 1986 and the service is progressing satisfactorily at the time of this report.

The Health Visiting Service has had a year of settling down. This has enabled the Health Visitors to appreciate one another's roles and also plan their service to the client better than before. More staff has meant more input to Health Education talks in clubs and health clinics and more time to spend with clients.

1986 has been a busy one for attendance at case conferences on suspected child abuse cases. The number of case conferences held was 181. Closer liaison and working relationships have been achieved between the Children Board staff, N.S.P.C.C. and Police, which can only be of immense value to all concerned.

Most of the Health Visitors have started well baby clinics in doctor's surgeries and these have been in co-operation with the doctors and are well attended by Mothers and babies. Child Health Clinics are also still held on a regular basis in the different parishes.

School Nursing Services have been busy. Mrs. Sheila Smith has taken on in addition to school nursing duties health education talks within the Infant and Junior Schools. The teachers have worked in close liaison with Mrs Smith to help and give her any support she has required.

Another school nurse Mrs Jean Roland, runs a fortnightly enuretic clinic for

this problem. A State Enrolled Nurse has joined the team initially on a part-time, term time basis until she becomes proficient in this work, and then her hours will be reviewed.

More staff will be recruited to fill the positions of the nurses who will be in training so that the policy that nurses in training have to be extra to the establishment can be adhered to.

As the Director of the Community Nursing Services, 1986 has been a year of consolidation for me into the Island. Attitudes towards community care have changed greatly over the last three years.

However, I would like to take this opportunity of thanking staff, colleagues, and other services for all the help given to me throughout 1986.

Torothy Tackson 1

Mrs. D. Jackson,

Director of Community Nursing.

Statistics

Table: 3:1

Community Nursing

	1976	1983	1984	1985	1986	% change in 1986
General	23,184	49,872	49,468	47,647	51,174	+ 6.9
Visits to 65 & over	18,680	42,507	41,996	39,622	45,130	+ 8.9
% of visits to 65 & over	80.2	85.2	84.9	83.1	88.2	-
Twilight nursing visits	None	9,020	8,300	9,250	9,146	- 1,1
Total visits	23,184	58,892	57,768	56,897	60,320	+ 5.7
Overall total visits	25,145	62,881	61,391	56,897	60,320	+ 5.7

Table: 3:2

Patients

Patients referred	1976	1983	1984	1985	1986
New referrals	N/K	548	671	667	839
Existing patients	N/K	388	448	481	505
Totals:	600	936	1,119	1,148	1,344

THE ELDERLY

It is estimated that there are 8,800 individuals over 65 years of age living in Guernsey, of whom 3,800 are over 75. This latter group in particular are those who may require extra services from Community nurses amongst other professionals. Possibly half of those over retiring age and two thirds of the over 75's live alone.

The working party on services for the elderly has continued to meet regularly to coordinate the services which the Board of Health approved in 1985.

The Geriatric Liaison Team, including staff from the King Edward V11 Hospital and Community Services, is working successfully in providing comprehensive care for the elderly.

Residential Homes.

There are 7 registered homes offering 169 places. Two new homes are due to open in 1987.

These homes, which are registered by the Board of Health, are regularly inspected by an Environmental Health Officer and by a member of the nursing staff. Guidelines for applicants intending to operate a Residential Home, have been approved by the Board of Health.

Nursing Homes.

There are 2 registered nursing homes, with a total of 36 beds. As with residential homes they are registered by the Board of Health and inspected regularly.

TERMINAL CARE

The Board of Health established the full time post of Home Care Sister early in 1984.

During 1986, the increasing work load was met by recruiting a second Nurse, initially on a part time basis but becoming full time.

There were 93 new referrals during the year. On average 30 patients are attended each month, involving a total of 2180 visits during the year. A critical evaluation of the service estimated that in 80% of cases a significant contribution or considerable help was provided, while in 20% the service made little or no difference in retrospect.

Two beds in the Princess Elizabeth Hospital are reserved for Hospice type care. Five syringe drivers are now in use as a means of providing continuous pain relief in the home as well as in hospital.

During 1986, 162 patients died from cancer, compared with 168 in 1985.

The Guernsey Society for Cancer Relief, set up towards the end of 1983, continued to play an active part in helping individuals in the Island.

MEDICAL ADVICE TO STATES DEPARTMENTS.

Civil Service Board

The system of pre-employment assessment of fitness for employment by questionnaire is working satisfactorily. Of 492 new entrants, 394 were assessed on the questionnaire alone, while 98 also required a medical examination.

In addition, 261 Nursing staff were assessed, 183 by questionnaire and 78 by medical examination.

Recommendations for early retirement on medical grounds were submitted for 14 individual employees, and for 1 teacher.

States Water Board

In view of the steady increase over the years of the average level of nitrates in the water supply, the evidence regarding potential harmful effects is kept under review. There is no good evidence of any risk to health from the present levels in water in Guernsey. The current EEC limit may be unnecessarily restrictive.

Motor Tax Department

There were 35 consultations regarding medical aspects of fitness to drive.

Legislation to enforce the wearing of seat belts is being prepared by the States. Any appeal against this requirement on medical grounds will be considered by an independent doctor.

The control of drunken driving remains the single most urgent and important factor in preventing death and injury from road accidents. The recent legislation regarding blood and urine alcohol levels to give a more accurate assessment of fitness to drive should do much to prevent drunken driving.

Control of Dangerous Drugs

The import, export, production, supply and possession of certain powerful addictive drugs such as morphine and heroin, is controlled by law to prevent abuse and to ensure they are used only for prescribed treatment.

The Medical Officer of Health on behalf of the Board of Health, has a duty to inspect and sign import licences for Controlled Drugs.

Table: 4:1

Misuse of Drugs Law 1974

Importation licences for Controlled Drugs issued annually 1976 - 1986

1976	40	(from	June	1st	only)
1977	80				
1978	89				
1979	82				
1980	87				
1981	117				
1982	112				
1983	117				
1984	118				
1985	132				
1986	150				

The increase in 1981 was due to development by a local pharmaceutical manufacturing business to include preparations containing controlled drugs

There are now 6 Pharmacists and 4 medical practices who apply for controlled drugs.

INFECTIOUS DISEASES

MEASLES

Epidemics have occurred in Guernsey in 1974, 1977/78, 1980/81, and 1982/3.

In May 1985 an epidemic started which continued into 1986, with a total of 215 cases during this period. Repeated epidemics can be expected until vaccination against this disease becomes more widely accepted. The vaccine is now of proven efficiency with a low incidence of side effects. The disease remains unpleasant for most sufferers but it also causes serious complications in 15%. Between 10 and 20 children die from measles on the mainland every year. These are preventable illnesses.

WHOOPING COUGH

14 sporadic cases were notified. Provided a high level of vaccination is maintained, the epidemic of 1982/83 could well be the last in the Island.

FOOD POISONING

In September, six individuals were admitted to hospital with severe food poisoning. They had all been infected with the same strain of salmonella typhimurium.

Intensive, time consuming investigations followed which indicated that the likely source had been contamination of filling materials used in the confectionery trade. Once the cause had been identified, and remedial precautions had been taken, the outbreak ended. However, this was a major outbreak which affected 123 individuals over a period of a fortnight, during which the resources of the Environmental Health department were stretched to the full. Once again, expert technical support from the Central Public Health laboratory in London helped to solve our problem. The workload at the Princess Elizabeth Laboratory doubled over a four week period, and in all about 4,500 tests were carried out during the outbreak.

TUBERCULOSIS

It is often stated that tuberculosis used to be commoner in Guernsey than on the mainland. This is not true. The incidence was similar in both in the post war years, and there has been a similar decline since then.

This is shown by the average number of cases notified each year by decade:-

1946-55 - 38 cases 1956-65 - 30 cases 1966-75 - 9 cases 1976-85 - 5 cases

This decline is due to a number of factors - better general health and diet, adequate search for and treatment of cases, protection of children by BCG vaccination, and X-ray screening of at risk groups. As the number of cases dwindles, control depends more on early diagnosis and contact tracing than on expensive mass measures, such as routine chest X-ray examinations, which are now being phased out. One case of pulmonary TB was notified during the year.

AIDS

No cases of AIDS were notified in 1986, but there are 3 carriers of the Human Immuno deficiency virus resident in the Island.

Nursing guidelines, initially prepared in 1985, were revised during the year. The routine screening of all blood donations, which had started in December 1985, did not cause any problems. In February the M.O.H. attended a U.K. national conference on AIDS in Newcastle, and in March a well attended symposium was held locally. November saw the start of regular Health Education presentations to Health Care workers, States employees and members of the public, and preparations were made to participate in the massive U.K. publicity exercise which took place early in 1987.

NOTIFICATIONS OF INFECTIOUS DISEASES

* Notifications of tuberculosis have been reviewed and corrected this year. Tables in previous Annual Reports show small differences from these figures.

Table : 5:2

IMMUNISATIONS GIVEN BY THE COMMUNITY HEALTH DEPARTMENT

	<u>1986</u>	<u>1985</u>
B.C.G.	531	657
Rubella	335	330
Rabies	30	
	896	987

In Guernsey, infant immunisation is given by the family doctors and paid for by the Board of Health.

B.C.G. and Rubella is administered through the School Medical Services and the detailed breakdown is given in the Annual Report of the School Medical Officer for each academic year (not calendar).

Rabies immunisation is offered only to volunteers among Customs Officers and certain Harbour staff.

Travellers are encouraged to arrange their protective immunisation with their own doctor, but advice about individual requirements is available from Lukis House.

SEXUALLY TRANSMITTED DISEASES CLINIC

Dr.J.E. Strickland has submitted the following Report

ATTENDANCE FIGURES FOR THE YEAR 1986

I have pleasure in presenting to you the figures for the year 1986.

It is interesting to note that this year cases of gonorrhea have increased and those of non-specific Urethritis have decreased; a reversal of the 1985 figures.

A very high proportion of infections occuring in the 16 to 19 year old group should be noted, especially amongst the female patients. Also a number of girls in the 20 to 29 year old group had barely attained 20 years of age. This revelation would suggest that there is an urgent need for the education of young people in Sexually Transmitted Diseases.

Education has always been one of the most potent weapons available to preventative medicine in it's fight to control Sexually Transmitted Diseases. It is a matter of regret that the talks that were started so promisingly at the Special Treatment Clinic, for volunteer school leavers accompanied by a teacher have not received support from the appropriate quarters.

The advent of AIDS and AIDS - related conditions appears at last to have highlighted the vital importance of education in these matters, and it is thought that the opportunity to learn about these conditions should be offered to suitably selected students in all the Island's Colleges and Schools where senior pupils attend.

J.E.T. Strickland,.

Venereologist.

SEXUALLY TRANSMITTED DISEASES	CLINIC -	MALE P	ATIENTS	- 1986		
Table: 5:3 Total new cases: 126 Specific Conditions Infection Contracted:	Syphilis	Gonorrhoea	Non-specific Urethritis	Other sexually transmitted diseases	Miscellaneous conditions	Totals
between residents locally	-	10	23	-	-	33
Between residents and non-residents locally	-	6	3	-	-	9
by residents outside the island	-	2	1	-	-	3
by non-residents outside the island	1	2	2	-	-	5
between non-residents locally	-	3	-	-	-	3
Totals:	1	23	29	-	_	53
All cases Status						
Residents	-	18	23	25	35	101
Visitors	_	-	-	-	-	-
Visiting Seamen	-	-	1	-	-	1
Imported Labour	-	4	3	7	6	20
Others not classified above	1	1	2	-	-	4
Totals:	1	23	29	32	41	126
All Cases						
Age Group Under 16	_	-	-	-	-	-
Age 16-19	-	5	3	4	11	23
Age 20-29	1	14	17	15	10	57
Age 30-39	-	4	7	8	12	31
Age 40 and over	-	-	2	5	8	15
All ages	1	23	29	32	41	126
Total Attendances: 297						

SEXUALLY TRANSMITTED DISEASES CLINIC - FEMALE PATIENTS - 1986														
Table: 5:4 Total new cases: 46 Specific Conditions Infection Contracted:	Syphilis	Gonorrhoea	Mon-specific Urethritis	Other sexually transmitted diseases	Miscellaneous conditions	Totals								
between residents locally	-	6	4		-	10								
Between residents and non-residents locally	-	4	1	-	-	5								
by residents outside the island	-	-	-	-	-	-								
by non-residents outside the island	-	-	-	-	-	-								
between non-residents locally	-	2	-	-	-	2								
Totals:	_	12	5	-	-	17								
All cases														
Status														
Residents	-	7	5	13	5 .	30								
Visitors	-	-	-	4	1	5								
Visiting Seamen	-	_	-	-	-									
Imported Labour	-	5	-	5	1	11								
Others not classified above	-	-	-	-	· –	-								
<u>Totals:</u>	-	12	5	22	7	46								
All Cases														
Age Group														
Under 16	-	-	-	-	-	-								
Age 16-19	-	7	3	12	3	25								
Age 20-29	-	5	1	8	2	16								
Age 30-39	-	-	-	1	2	3								
Age 40 and over		-	1	1	-	2								
All ages	-	12	5	22	7	46								
Total Attendances: 66														

Table: 5:5 SEXUALLY TRANSMITTED DISEASES CLINIC

		Cases		Total	New Cases o	of	Attendances				
	Male	Female	Total	Syphilis	ilis Gonorrhoea NSU Ma		Male	Female	Total		
1972	211	40	251	1	90	95	1114	150	1264		
1973	176	48	224	1	66	97	1003	183	1186		
1974	194	65	259	3	90	93	974	227	1201		
1975	190	83	273	18	81	89	898	321	1219		
1976	172	62	234	6	70		899	186	1085		
1977	146	43	189	0	35	41	322	93	415		
1978	132	37	169	1	32	28	330	82	412		
1979	146	58	204	3	48	36	332	133	465		
1980	158	56	214	2	49	40	337	97	434		
1981	144	34	178	2	31	49	369	89	458		
1982	132	45	177	0	36	35	243	77	320		
1983	150	32	182	0	24	31	237	45	282		
1984	115	53	168	2	53	36	265	112	377		
1985	126	45	171	1	24	49	287	81	368		
1986	126	46	172	1	23	29	297	66	363		

In 1977 statistics were computed in a different way, so that the sudden drop in attendances only partly reflects the decrease in new cases and the marked drop in repeat visits due to changed therapeutic regimens.

In addition to those cases attending the Sexually Transmitted Diseases Clinic, 14 cases of gonococcal infection were confirmed by laboratory diagnosis, from patients attending family doctors.

THE WORK OF THE ENVIRONMENTAL HEALTH DEPARTMENT

REPORT OF J.M. BAIRDS, CHIEF ENVIRONMENTAL HEALTH OFFICER

The fundamental role of the Environmental Health Department is the protection of the general health of the public by the exercise of control over those environmental conditions which affect it.

This is achieved by monitoring and surveillance, advising and, where appropriate, enforcing environmental legislation.

The long awaited increase in establishment was achieved in the latter half of 1986 when Mr. S. Smith, having successfully completed his statutory training in the U.K. and gained a year's invaluable experience, returned to take on the post of Environmental Health Officer with the department. Mr. J.L. Cook was promoted to the post of Deputy Chief Environmental Health Officer.

These establishment changes will facilitate more effective monitoring and surveillance and the maintenance of our advisory role. However they will not overcome the basic problem that Guernsey's law has not been updated to take account of modern development and demands. This is a very time consuming task for both Environmental Health Department staff and the Island's legal department.

Environmental health protection methods have to evolve in order to remain relevant in a continually developing society. They cannot remain static.

The department continues to make the best use of existing legislation but difficulties arise as technological developments outstrip the rate of legislation change.

FOOD CONTROL SECTION

A total of 1183 complaints/requests were dealt with during the year.

Details of the 4529 visits and inspections carried out are shown in Table.

Food Complaints

A total of 148 complaints were received. The majority were dealt with informally but two were submitted to the Law Officers for formal action, resulting in the companies concerned being prosecuted and fined £50 in each case.

Foodstuffs voluntarily surrendered during 1986 included

Fruit and vegetables	52.5 tons	Fish	1.8 tons
Meat - fresh/frozen	7 tons		
- products	1,150 lbs.	Frozen Foods	25,225 pkts
- tinned	1.5 tons		
		Miscellaneous	56,616 pkts/tins
Cheese and fats	5.5 tons		•

Food-Poisoning

A total of 36 episodes of suspected food poisoning were investigated by environmental health officers, involving a total of 748 visits.

Investigations confirmed that 160 persons had contracted food poisoning.

A major outbreak occurred in September, involving a retail confectionery premises, when 123 persons were infected with Salmonella typhimurium: details of this incident are reported in the Infectious Diseases section of this report.

Details of food poisoning investigations during the year are shown in Table.

FOOD POISONING: 1982 - 1986: Number of Episodes (Suspected and Proven Cases)

Table : 6:1

CAUSAL ORGANISM	1982	1983	1984	1985	1986
Salmonella sp.	18	14	18	29	30
Campylobacter	*	1	16	11	6
Organism not identified	23	5	12	15	Nil
Other	*	*	*	2	Nil
Total No. of episodes	41	20	46	57	36
No.of food premises involved	19	. 7	1	11	2
No.of persons positive	23	29	34	100	160

^{*} the gaps in the table are due to changes in methods of recording.

Table : 6:2

Food and Water Sampling

Samples submitted for examination:

gical	Chemical	
2	Food	7
2	Milk	4
186	Water	21
	-	
190	Total	32
	V	
	2 2 186	2 Food 2 Milk 186 Water

GENERAL SECTION

A total of 1594 complaints/requests were dealt with during the year.

Details of the 4530 visits and inspections carried out in this section are shown in Table.

Rodent Control

1437 complaints or requests for treatment were received during the year and an additional 1702 follow up treatments were carried out by Rodent Control staff.

Atmospheric Pollution

Following media reports of alleged atmospheric pollution from the Vale Power Station, a sulphur dioxide monitoring survey was set up in July and continued up to the end of October.

The results of the survey indicated that the general levels of sulphur dioxide in the area were significantly lower than those found during the 1981 survey, although adverse weather conditions could give rise to specific problems on occasions.

Examination of the 1981 and 1986 figures with respect to the control monitoring point showed no material change in sulphur dioxide levels: in each case levels being well below the United Kingdom and E.E.C. maximum recommended limits. These figures are substantially lower than figures obtained during 1980, when initial pollution problems from the Power Station were investigated. This indicated that the reduction in overall levels in the power station area were due, in the main, to improvement works carried out by the States Electricity Board, namely the construction of the new chimneys following the 1980 survey.

A further outcome of the latest survey was that, with the help and cooperation of the States Electricity Board, permanent sulphur dioxide and smoke monitoring stations have been set up, in order to provide a speedy means of investigating any future problems.

In August an Abatement of Nuisance Order was served on a scrap metal dealer for allegedly causing a nuisance by the burning of motor vehicles without proper combustion control, giving rise to noxious fumes and black smoke. An appeal was lodged against the issue of the Order and the matter was subsequently brought before the Courts. Although evidence was given by an environmental health officer regarding the highly poisonous and dangerous gases given off during the burning of vehicles, the Abatement of Nuisance Order was over-ruled by the jurats and the appeal was allowed.

In September another scrap metal dealer was prosecuted and fined £100 for infringing an Abatement of Nuisance Order (issued in 1985) which prohibited him from burning vehicles.

Closing Orders

During 1986, for the first time in a number of years, the Department prosecuted a landlord for allowing a premises to be let for human habitation despite the fact that a Closing Notice had been issued in 1983. The situation came to light following a complaint from a family about their housing conditions. They were unaware of the existence of the Closing Notice. The family was subsequently rehoused. The landlord had carried out a number of superficial repairs, but the main defects still remained. The court case resulted in the landlord being found guilty, but no order was made against him. The landlord carried out further repairs and the Closing Notice was revoked later in 1986.

STATISTICAL SUMMARY OF GENERAL INSPECTIONS AND VISITS

	1985	1986
Housing (Inspections)	884	556
Housing (Multiple Occupation)	_	1
Housing (Overcrowding)	1	1
Closing Orders issued	6	1
Closing Orders revoked	-	8
Hotel Staff Accommodation	2	3
Nursing/Residential Homes	36	40
Hospitals	3	3
Hairdressers	2	7 5
Workplaces	23 -	2 4
Ships	_	1
Camp Sites	10	1
Beaches	4	1
Public Conveniences	15	5
Cemeteries/Crematorium	_	8
Swimming Pools	29	34
Atmospheric Nuisances	105	177
Atmospheric Observations	465	364
Air pollution monitoring	_	346
Noise Nuisances	49	63
Noise Observations	146	172
Refuse Accumulations	309	261
Controlled Tips	5	8
Verminous Premises	76 -	76 8
Rodent Control	138	127
Fumigations	3	4
Non Public Health Pests	27	21
Water Supplies - Mains	81	37
Water Supplies - private	62	129
Water Samples	142	207
Streams etc	23	53
Drainage	539	537
Cesspits	93	71
Septic Tanks	1	3
Sewers	-	9
Drain Tests	15 5	4 8
Piggeries		40
Infectious Disease - Investigations	3	-
Infectious Disease - Other Visits	11	4
Health and Safety	10	5
Pharmacy and Poisons	-	27
Lectures (Health Education)	1	2
Plans Inspected	16	18
Visits with other Departments	9	13
Non Classified Visits	946	839
Asbestos	382	185
Playgroups	10	11 9
Feral cats and dogs	14	13
Total	4701	4530
10041	1101	7770

Table : 6:4

FOOD CONTROL: CLASSIFIED INSPECTIONS AND VISITS

	1985	1986
Hotels/Guest Houses	107	106
Self-Catering	4	2
Restaurants/Cafes/etc.	108	112
Take-Away Food Premises	21	24
Canteens	1	1
School Catering	2	
Hospital Catering	25	10
Outside Catering	4	4
Conference Catering	13	4
Bakeries	37	37
Confectioners (Bakery)) i	14
Public Houses	3	18
Grocers	40	105
Greengrocers	-	1
Greengrocers (Wholesale)	2	_
Confectioners (Ice Cream/Sweets, etc.)	_	8
Butchers (Retail)	34	47
Butchers (Wholesale)	30	19
Fishmongers (Retail)	12	11
Fishmongers (Wholesale)	16	4
Fish and Chip Shops	17	7
Mobile Food Vehicles	51	49
Packing Stations		1
Wholesale/Storage Depots	12	16
Kiosks (Beach etc.)	12	17
Food Factories	9	9
States Markets	15	. 4
States Slaughterhouse	3	7
States Dairy	216	293
Milk Depots/Retailers	16	17
Milk Hygiene Investigations/Dairy Farms	382	540
Registrations (Food and Drugs)	_	63
Examination of Food	226	265
Food Surrender	317	359
Food Destruction (Supv)	276	286
Food Consumer Complaints	131	148
Food Complaint Visits	426	299
Susp. Food Poisoning Investigations	57	138
Susp. Food Poisoning Visits	1002	748
Port Health - Docks	161	89
Port Health - Airport	5	4
Plans Inspected (Food Premises)	35	26
Visits with Other Departments	9	11
Lectures (Food Hygiene)	42	32
Alderney - Visits	22	12
Herm - Visits	8	7
Sark - Visits	10	8
Non Classified Visits	515	547
m 1 7	4.47.4	4500
Total	4434	4529

CERTAIN STATISTICS RELATING TO HOUSING

Table : 6:5

																				1
Dwellings in Course of Construction	∞	297		61	i		29			l	1	65	30	7	31	•	1	l	ı	
Families Housed	5	0	. 100	9	154	74	54	51	84	104	84	7.8	80	79	83	82	73	09	74	
Dwellings Constructed					65				64				35		ι	10	6	ഗ	Ŋ	
l - 14 Points	9	α	~	0	268	9	4	/	/	9	2	∞	7	2	2	/	∞	4	\vdash	
15 + Points		10		႕	Н	ι	m	ι	7	ι	ı	ı	ı	m	2	ι	33	*98	62	
Eviction			25		∞	∞	20	18	13	11	14	24	27	30	41	19	26	29	32	
Priority Families	Ŋ	7	∞	4	2	7	2	2	7	2	L	2	Н	m	m	9	2	2	10	
Year	96	96	97	97	1972	97	97	97	97	97	97	97	98	98	98	98	98	98	98	-

together with a sustained, considerable waiting list, proportionately fewer families rehoused and a as 15 points or over. This table showing an increase in priority families, and evicted families, low rate of new building, has serious implications for the health of this sector of the community. Points system reviewed: additional points awarded for certain categories; higher pointing defined Unsatisfactory housing is a prime cause of the widening health gap which is currently of great I am indebted to the Secretary, States Housing Authority for the above data. concern to Health Authorities on the mainland.

ALDERNEY - ANNUAL REPORT

Dr. D.A.S. Robertson, Assistant Medical Officer of Health in Alderney, has submitted the following report:

ANNUAL REPORT OF THE ASSISTANT MEDICAL OFFICER OF HEALTH ALDERNEY FOR 1986

There were 20 births during 1986 compared with 29 in 1985 and 18 in 1984 and 19 in 1983. There were no still births and no maternal deaths. Seventeen babies were born in Guernsey and three in Alderney. There was a total of 11 male and 9 female babies born.

There was a total of 42 deaths in 1986 compared with 44 in 1985, 43 in 1984 and 22 in 1983. Five died in Guernsey.

There were 16 marriages in 1986 compared with 14 in 1985 and 13 in 1984.

Infectious Disease Notifications:

Infectious jaundice 1 Salmonella 3

There have been no diagnosed cases of AIDS in the island.

St. Anne's School Report:

A total of 45 medical examinations were carried out. One child was referred to their own doctor with hearing problems, one direct to the orthoptist and two with truancy problems which were resolved after discussion with parents.

In all 29 Time Tests for TB were carried out which were negative. A total of 16 B.C.G. vaccinations were performed.

Of the 11 school leavers, 10 attended for examination and received booster doses of Tetanus and Poliomyelitis immunisation. The absentee had already left and although offered an appointment did not attend.

Eight Rubella immunisations were carried out by the school nurse and two girls were immunised by their own doctor. 100% Rubella immunisation for this cohort was again achieved.

Mr. P. Cranford Smith carried out termly dental inspections. Mrs. Goldstein, the orthoptist, visited each term for screening and special testing. Miss Richmond the speech therapist made one visit in November 1986.

Twenty-one school accidents were referred to their own doctor for treatment. The school nurse made three visits to check for head lice.

Child Health Clinic:

We regret that Mrs. Jane Aireton was forced to retire from her combined post as Health Visitor and Community Nurse due to ill health. We are grateful for the work she performed prior to retirement. On her retirement the problem of a health visitor was approached by regular fortnightly visits by one of the Guernsey health visitors, Mrs. Anne Lomax, on Thursday afternoons. On the weeks that she was not able to visit, the clinic continued to be held so that the babies could be weighed and measured by Mrs. N. Quanten who noted the relevant figures in the child's co-operation card which is carried by the mother. The continuation of the weekly clinic has been valuable as a self-support group for the mothers with babies and toddlers.

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An informal arrangement has evolved whereby the family doctors attend the Mignot Memorial Hospital on each Thursday afternoon when the ante-natal clinic is also held so that they are available to undertake the immunisations for infants, do the routine developmental checks and be available for problems presented by Health Visitor, midwives and the parents of the children. This has resulted in a healthy degree of liaison between the family doctors and the other members of the health team including the mothers.

I look forward to the time when the combined measles, german measles and mumps innoculations have been approved by the D.H.S.S. trials as this will be a valuable preventive measure reducing the incidence of rubella in the population as a whole and being the first U.K. measures against mumps, which can be a serious illness both in the adult and the child.

Mrs. Jane Aireton's place as Community Nurse was taken by Chris Gorman who was accepted by all the domiciliary patients whose confidence and trust he quickly gained despite being the first male community nurse in Alderney.

The recorded figures for immunisations for 1986 are as follows:

Trivax and Polio	46
Diph/Tet and Polio	8
Measles	12

Environmental Health:

The improvement in the transport and distribution of chilled and frozen food from Guernsey and Torbay has continued to improve thanks to the efforts of the Environmental Health Officer from Guernsey.

Six consignments of food were inspected and declared unfit for human consumption during the year.

The filter beds at Longy Bay continue to give trouble and the stream flowing into Longy Bay by the Nunnery remains polluted. Unless some improvement can be made in the pollution it will be necessary to put up notices warning the public that the Nunnery end of Longy Bay is polluted. The Tourism brochure of 1985 showed a pretty picture of a little girl paddling in the water near the discharge point of this constantly polluted stream.

There has been improvement in rat control around the Impot refuse tip but the continued use of plastic bags for edible rubbish ensures a widespread food supply for the island rats. The use of rigid containers with tight fitting lids is strongly recommended.

Care for the Elderly: the Ten Year Rule

The problem arising from the ignorance of people settling in the island and not being aware of the "Ten Year Rule" has become apparent. The Ten Year Rule excludes anyone who has not been resident in the island for at least ten years from being admitted either to the Jubilee Home/Sydney Herivel House or to the geriatric wing of the Mignot Memorial Hospital, even though they or their relative have the means to pay for this. It arose because of the abuse of these services by settlers who 'dumped' aged relatives on these States services soon after arrival and in some cases departed from the island with the care of the aged relative left in the hands of the States of Alderney. This reduced the services available for islanders and long term settlers.

The Estate Agents have been notified by the Health and Welfare Committee to ensure that prospective settlers are aware of this major lack of long term health care facilities in the island should they or their relatives require long term geriatric nursing. Their only alternative is to transfer the infirm person to a nursing home outside the island or to be prepared for full time nursing themselves, which is often an impossible task.

It is essential that a greater effort must be made through all channels that these new residents do not move into the island without being aware of this major problem should they or their relatives require long term nursing care.

Yours faithfully,

Struan Robertam

STRUAN ROBERTSON
Assistant Medical Officer of Health

ANALYSIS OF MORTALITY STATISTICS 1986

The accompanying tables give details of all deaths in Guernsey during 1986.

The average age at death was 71.6 for men and 76.9 for women - a difference of 5 years.

One in every five deaths occurred before retirement age and could be termed prematurely early.

The	major	causes	of	death	remain	Heart attack	and	strokes	45%
						Cancer			26%
						Chest disease	Э		11%

The major causes of cancer deaths differ between the sexes:

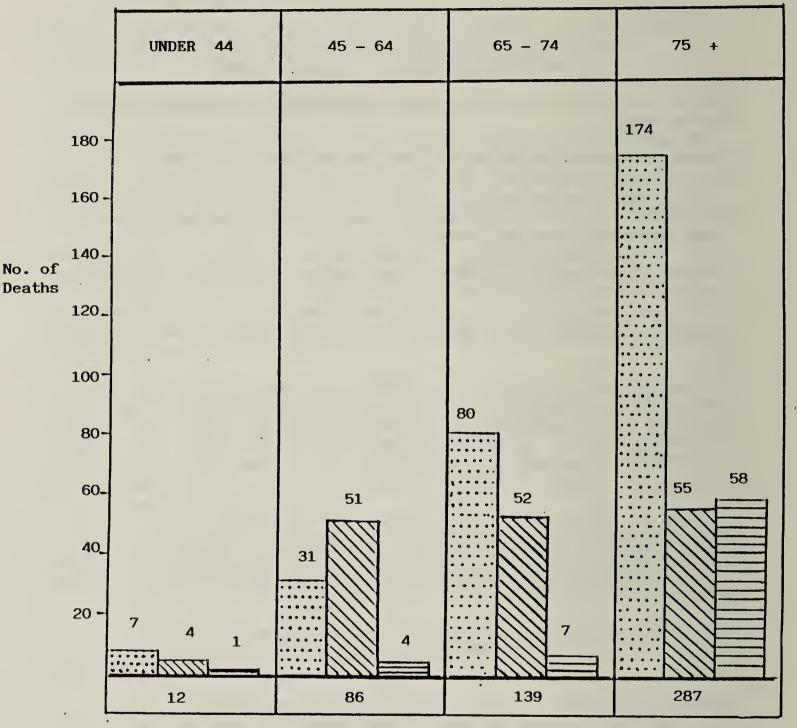
Men		. <u>Women</u>	
Lung	35%	Breast ·	19%
Bowe1	13%	Uterus	16%
Prostate	6%	Lung	13%
All other sites	46%	Ovary	10%
		All other sites	42%

A third of cancer deaths (51) occurred in the 45-64 age group. In women, deaths from cancer of the breast dropped from 24% to 19%. Tumours of the lung continue to be the largest cause of cancer deaths in Guernsey, (25% of all cancer deaths) and are the largest preventable group.

The steady increase over the past 20 years of deaths due to all forms of cancer is attributed to the increasing longevity of the population.

Cremations were carried out in just under half the deaths. There has been a steady increase in this proportion over the past 15 years.

Table: 8:1 PRINCIPAL CAUSES OF PREMATURE DEATH IN GUERNSEY
BY AGE



GROUP V11 CIRCULATORY SYSTEM (STROKES, HEART DISEASE)-TOTAL 292 DEATH
GROUP 11 CANCERS - TOTAL 162 DEATHS
GROUP V111 RESPIRATORY DISEASES - TOTAL 70 DEATHS

OF THE YEAR'S TOTAL OF 614 DEATHS, 524 (85%) WERE IN THESE THREE GROUPS OF CAUSES. COMPARED WITH 1985, THERE WERE 15 MORE CANCER DEATHS BEFORE RETIRING AGE — AN INCREASE OF 37%. DEATHS DUE TO CIRCULATORY PROBLEMS REMAINED AT A STEADY, HIGH FIGURE IN THIS AGE GROUP.

GROUP Infectious and Parasites: Infectious and Parasites: Infectious and Parasites: In Cancer and new Growths: In Endocrine, Metabolic and Immune Diseases: In Anaemias: V Mental Disorders: VI Heart and Circulatory Diseases: IX Digestive System Diseases: X Genitourinary Diseases: X Genitourinary Diseases: XI Complications of Childbearing: XII Complications of Childbearing: XIII Diseases of Bone, Muscles and Joints: XIV Congenital Anomalies: XV Diseases of Foetus and Mewborn: XV Diseases of Foetus and Newborn: XVI IIII-defined Conditions: XVI IIII-defined Conditions: XVI IIII-defined Conditions: XVIII Accident, Injury and Poisoning: 133		CHE TOHICK		T TX	1986				
	CLASSIFIED BY		AND SEA,	1304					
		1984			1985			1986	
	=:	F	Total	R.	u,	Total	×	u.	Total
	'	-	1	2	1	3	3	+	7
	86	59	145	97	11	168	82	77	162
	ses:	2	м	1		-		•	•••
	1	ı	,	-	•	,	2	ı	2
	-	•	-	м	m	.	-	-	-
	2	7	65	7	2	on	2	4	9
	124	133	257	140	127	267	142	150	262
	38	52	06	43	0,4	83	31	39	0/
	16	01	56	13	o	22	œ	=	19
	2	7	Ø	12		13	7	O)	16
	•		ŧ	i	•	1	ı	ı	1
	•	•	1	•		- -4	1	ı	1
	•			•	,	1	•	2	2
	•			1-	ı	•	-		2
	က	1	*	m	1	м	•	ı	1
	*	10	14	2	01	12	2	S	7
	13	7	20	œ	=	19	15	12	27
Totals:	290	291	581	331	772	608	299	315	614

29

2

109 116 179 AGE 7 65 K 22 26 25 19 65 - 74 47 AGE 55 9 33 97 Z 12 28 42 45 -AGE 19 23 က ì 7 47 25 - 44 က S -L AGE 1 က S ~ 24 ı 1 1 7 ŧ AGE 2 UNDER AGE TOTAL ages 292 9 70 2 162 541 39 All ages 275 142 150 11 t TOTAL u 31 266 2 က 85 GROUP VIII Diseases of the Respiratory System Diseases of the Circulatory System Endocrine, Nutritional & Metabolic Infectious and Parasitic Diseases Diseases of the Blood and Blood-Carried forward: Diseases of the Nervous System Diseases & Immunity Disorders CAUSE OF DEATH GROUP V Mental Disorders and Sense Organs Forming Organs Table: 8:3 GROUP V11 Neoplasms **GROUP 111** GROUP 11 GROUP 1V GROUP V1

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Guernsey - Deaths by I.C.D. 3 - figure codes and age groups - 1986

œ œ ഹ വ 206 116 179 AGE 130 7 K 47 53 2 AEE 102 53 97 ತ 42 က 45 47 51 53 # വ S 9 Ξ n 24 t AGE က 2 UNDER TOTAL ages 16 541 Ci 614 19 27 2 275 12 315 6 ~ S 1 All ages TOTAL 266 15 299 œ 2 Diseases of the Genitourinary System GROUP 1X Diseases of the Digestive System Brought forward: Diseases of the Musculoskeletal Symptoms, Signs and Ill-defined Totals: System and Connective Tissue CAUSE OF DEATH Congenital Anomalies Injury and Poisoning Table: 8:3 contd GROUP XV11 GROUP X1V Conditons GROUP XV1 GROUP X

Guernsey - Deaths by I.C.D. 3 - figure codes and age groups - 1986

+						
	بئا	9	77	35	149	
	1986 M F	∞	7.9	26	141	
	age 85 F	7	5.5	42	140	
	Average 81 - 85 M F	co	76	23	140	
	[Eq	9	5 9	36	127	
1986	1985 M	S	75 5	27 3	140 1	
	· ·					
1981	1984 M F	7	20	40	4 133	
		2	78	15	4 124	
	1983 M F	10	63	7 7 7	1 154	
LATC	₹ 1,9		7.5	25	141	
CIRCULATORY	32 F	2	51	8 7	148	
THE C	1982 M	12	65	23	137	
SES OF THE C	H Fi	9	5.3	43	138	
SASES OF	1981 M	11	8 6	27	157	
GROUP V11 - DISE DEATHS FROM HYPERTENSION,	Cause of Death	Hypertensive heart disease	Ischaemic heart disease	("Coronaries") Cerbrovascular disease	("Strokes")	
Table: 8:4	I.C.D. Codes	400 - 404	410 - 414	430 - 438	ALL GROUP	

GROUP VIII - DISEASES OF THE RESPIRATORY SYSTEM - 1981 - 1986

Table: 8:5

1986 M F	17 22	- 2	7 9	31 39	
	<u> </u>	<u>'</u>			
verage 1 - 85 M F	54	4	4	77	
A <	17	-	14	45	
8 5 F	52	2	9	97	
1 9 M	16	r1	14	43	
8 4 F	30	m	m	52	
1 9 M	19	ı	13	80 80	
83 	29	б	7	61	
1 9 M	15	m	15	6 7	
8 2 F	23	2	2	34	
1 B	22	ı	13	7 4 9	
8 1 r	15	2	m	ဗ	
o - ∑	14	ı	13	34	
CAUSE OF DEATH	Bronchopneumonia, unspecfied	Influenza	Chronic bronchitis and emphysema		
I.C.D. Codes	485	487	491 - 492	ALL GROUP V111 CODES	

12

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9

10

4

∞

12

6

10

Totals:

I.C.D. E810 - 819 E850 - 869 E880 - 885 E950 - 959 E980 - 989 Codes E910 Ŀ ī 1986 က က က 1985 7 2 DEATHS DUE TO SOME VIOLENT OR ACCIDENTAL CAUSES - 1981 - 1986 1984 1 က 2 က ī Ŀ 2 1983 7 က 2 Ŀ 1982 က * က 7 1981 * က 2 Motor vehicle traffic accident Suicide and self inflicted injury Injury undetermined whether accidentally or purposely Accidental drowning and CAUSE OF DEATH Accidental poisoning Accidental falls submersion inflicted Table: 8:6 B.T.L. Codes E47 E48 E50 E52 E56 E54

	GROUP 11 - NEOPLASMS - S	SOME CAN	CANCERS - 1	1981 - 1986	86				
I.C.D.	Table : 8:7	1981	1982	1983	1984	1985	Average 81 - 85	-0.40	986
Codes		M	M	M F	M F	E M		Œ	[24]
150	Malignant neoplasm of oesophagus	4 1	3 2	۳ ۳	1 4	ო : ო	m m		4
151	Malignant neoplasm of stomach	5 4	10 12	6 7	, ,	7 3	9 9:		m
152-154	Malignant neoplasm of intestine (including rectum)	9 12	9 10	12 12	12. 10	10 6	10 10	=	m
157	Malignant neoplasm of pancreas	4 1	2 4	5	ۍ ع	3 2	4 3	2	2
162	Malignant neoplasm of trachea, bronchus and lung	25 8	29 10	27 11	34 10	34 14	30 11	30	10
174	Malignant neoplasm of breast	- 12	- 10	- 11	ω ι	- 17	- 12		15
180-183	Malignant neoplasm of uterus, cervix and adnexae	9	7 -	ı ا	m 1	ري ا	ر ا		12
185	Malignant neoplasm of prostate	- 9	ر ا	10 -	111 -		6	<u>د</u>	1
204-207	Leukaemia	- 2	1 -	- 2	1 1	2 2	1 1	2	2
TOTALS		78 58	76 67	81 74	86 59	97 71	9 78	6 58	51
ALL CANC	ALL CANCER DEATHS	136	143	155	145	168	150	-	162

NOTE: The figures at the foot of each column are not totals of the figures above but the total of all cancer deaths at all ages for the year given.

Table: 8:8

MORTALITY - CANCER (ALL FORMS) 1961 - 1986

Deaths by year and sex, rates per thousand resident population

	PERS	ONS	MAL	E	FEN	IALE
Year	Deaths	Rate/1,000	Deaths	Rate/1,000	Deaths	Rate/1,000
1961	98	2.23	40	1.89	58	2.54
62	117	2.62	62	2.88	55	2.37
63	100	2.20	60	2.75	40	1.70
64	100	2.17	51	2.30	49	2.05
65	104	1.22	65	2.89	39	1.61
66	127	1.68	72	3.15	55	2.23
67	114	2.37	68	2.94	46	1.84
68	124	2.54	69	2.94	55	2.17
69	121	2.44	63	2.64	58	2.26
1970	91	1.81	59	2.44	32	1.23
71	149	2.93	88	3.59	61	2.31
72	131	2.55	74	2.99	57	2.13
73	129	2.48	65	2.60	64	2.37
74	137	2.61	69	2.72	68	2.50
75	142	2.67	77	3.01	65	2.37
76	139	2.60	70	2.70	69	2.49
77	158	2.91	98	3.74	60	2.14
78	131	2.41	71	2.71	60	2.14
79	129	2.36	65	2.47	64	2.37
1980	147	2.75	72	2.80	75	2.71
81	136	2.55	78	3.03	58	2.10
82	143	2.68	76	2.95	67	2.43
83	155	2.90	81	3.15	74	2.68
84	145	2.7	86	3.34	59	2.14
85	168	3.2	97	3.77	71	2.57
86	162	2.82	85	3.16	77	2.69
	1			1	1	

Table: 8:9

MORTALITY - CANCER OF TRACHEA, BRONCHUS AND LUNG -1,965 - 1986

Guernsey deaths and rates per million resident population, compared with rates per million published for England and Wales, (England and Wales data from O.P.C.S. Quarterly publication "Population Trends").

(Rate/M = Rate per Million)

					= Kate per		T		· · · · · · · · · · · · · · · · · · ·
	P	ERSONS	 		MALE			FEMALE	
		Rate/M	Rate/M		Rate/M	Rate/M		Rate/M	Rate/M
	Deaths	Guernsey	E & W	Deaths	Guernsey	E & W	Deaths	Guernsey	E & W
1965	22	470	563	22	978	958	0	_	168
66	29	611	573	20	876	969	9	365	178
67	26	540	596	24	1,036	1,003	2	80	189
68	21	430	606	18	766	1,015	3	118	198
69	23	464	622	20	839	1,043	3	117	202
70	20	398	631	18	745	1,049	2	77	214
71	39	766	637	36	1,470	1,052	3	114	222
72	37	719	642	31	1,252	1,074	6	225	233
73	32	615	651	26	1,038	1,082	6	223	242
74	30	571	668	22	869	1,099	8	294	260
1975	32	603	665	25	976	1,084	7	255	267
76	28	522	678	22	849	1,103	6	216	274
77	40	737	687	34	1,297	1,109	6	214	287
78	34	626	695	28	1,067	1,112	6	214	299
79	37	678	702	30	1,138	1,113	7	248	312
80	30	562	709	19	738	1,109	11	398	330
81	33	619	700	25	973	1,088	8	290	331
82	39	732	702	29	1,128	1,075	10	363	348
83	38	713	716	27	1,050	1,096	11	399	356
84	44	825	708	34	1,322	1,067	10	362	373
1985	48	901	719	34	1,322	1,053	14	508	375
86	40	721	705	30	1,117	1,035	10	349	391
Ten Y	ear Averag	es_							
1965									
- 74	28	558	619	24	987	1,034	4	161	211
1975 - 84	35	661	696	27	1,054	1,096	8	296	318
% Inc	rease	+18%	+12%		+ 7%	+6%		+84%	+51%

Table: 8:10

MORTALITY - CANCER OF BREAST - GUERNSEY WOMEN 1976 - 1986

by age groupings, with rates and mainland comparisons.

					Rate p	er 100,000
Year	under r 40 40 - 59		60 and over	Total	Guernsey	England & Wales
1976	· _	4	5	g	32.6	46.4
1977	-	5	7	12	42.8	46.6
1978		1	9	10	35.6	47.0
1979	1	2	6	9	31.9	47.6
1980	-	1	12	13	47.0	47.8
1981	2	3	7	12	43.4	49.1
1982	1	3	6	10	36.3	48.7
1983	_	2	9	11	39.9	49.7
1984	-	3	5	8	29.0	51.9
1985	-	2	15	17	61.6	52.8
1986	1	5	9	15	52.7	54.6 *
						·

Note: * England & Wales provisional figure

Five year average rates 1982 - 1986

Guernsey 43.9 per 100,000 females

England & Wales 51.6 per 100,000 females

y I.C.D. 3- figure codes and age groups - 1986

by
Deaths
-1
Guernsey

Table: 8:11

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Other salmonella infection Ill-defined intestinal infection	Pulmonary tuberculosis	Septicaemia	diseases of central nervous system	Totals Group 1	GROUP 11 Neoplases	Malignant, nasopharynx			duodenu	Malignant, colon		Malignant, liver and intrahepatic	bile ducts	Malignant , galibladder and extrahepatic bile ducts	Carried forward
003	011	038	6 4 9			147	150	151 152		153	101	155	(!	156	
	Other salmonella infection - 1 Ill-defined intestinal infection - 1	Other salmonella infection - 1	Other salmonella infection - 1	Other salmonella infection Ill-defined intestinal infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Other non-arthropod-borne viral	Other salmonella infection Ill-defined intestinal infection Ill-defined intestinal infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 1 3 4 1 1 1 1	Other salmonella infection 111-defined intestinal infection 111-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 11 Neoplasms	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 11 Meoplasms Malignant, nasopharynx Other salmonella infection - 1 1 - 1 - 1	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system I other non-arthropod-borne viral Algorithm in a sopharynx Malignant, nasopharynx Malignant, oesophagus Other salmonella infection I other non-arthropod-borne viral I other non-arthropod-borne v	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 11 Neoplasms Malignant, nasopharynx Malignant, semall intestine including Other salmonella infection 1	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 1 Meoplasms Malignant, nasopharynx Malignant, small intestine including duodenum Ill 1	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system I	Other salmonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system I	Other salmonella infection 111-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 1 Neoplasms Malignant, nesopharynx Malignant, colon Malignant, colon Malignant, colon Malignant, I 1 Malignant, colon Malignant, colon Malignant, I	Other salwonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-bone viral diseases of central nervous system I control intestine including Malignant, colon Malignant, cetum, rectum, rect	Other saleonella infection Ill-defined intestinal infection Pulmonary tuberculosis Septicaemia Other non-arthropod-borne viral diseases of central nervous system Totals Group 11 Wooplasss Malignant, nasopharynx Malignant, scomed Malignant, colon Malignant, colon Malignant, iver and intrahepatic bile ducts Malignant, gallbladder and extrahepatic bile ducts Totalsonal infection 1 - 1 - 1

Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

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CAUSE OF DEATH		Brought forward	GROUP 11 Cont'd	Malignant, pancreas	larynx	Malignant, trachea, bronchus and lung	. Malignant, melanoma of skin	Other malignant neoplasm of skin	Malignant, female breast	Malignant, uterus	Malignant, cervix uteri	Malignant, body of uterus	Malignant, ovary and uterine adnexae	Malignant, other and unspecified	female genital organs	Malignant, prostate	Malignant, bladder	Malignant, kidney and other urinary	organs	Malignant, brain	thyroid gland	Malignant, other endocrine glands	and related structures	Malignant, site unspecified	Hodgkin's disease	Other malignant neoplasms of lymphoid	tissue	Carried forward
I.C.D.	NO.			157	161	162	172	173	174	179	180	182	183	184		185	188	189		191	193	194		199	201	202		

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Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

- 74 18 ı 19 AGE 65 33 32 79 26 ı 28 AGE 45 23 ı 23 74 u. ı AGE 25 2 - 24 ı ī AGE ı 15 -L ı ı UNDER 74 17 u TOTAL 83 85 × Endocrine, Nutritional and Metabolic Brought forward Totals: Group 11 Totals: Group 111 Totals: Group 1V Disease of Blood and Blood-forming Diseases and Immunity Disorders immunoproliferative neoplasms CAUSE OF DEATH Iron deficiency anaemias Nutritional marasmus Multiple myeloma and Lymphoid leukaemia Myeloid leukaemia Aplastic anaemia GROUP 11 Cont'd GROUP 1V Organs I.C.D. CODE 280 284 261 204 203

Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

7 32 21 9 AGE 75 41 18 2 AGE 65 ı × 41 99 ī œ AGE 45 ı 17 25 - 44 1 AGE = 24 ı AGE ı 15 = UNDER ! × 26 90 TOTAL 102 55 25 = Totals Group V1 Totals Group V Diseases of the Circulatory System Carried forward Diseases of the Nervous System and Other forms of chronic ischaemic Chronic pulmonary heart disease Acute pulmonary heart disease Diseases of the aortic valve Acute myocardial infarction Other cerebral degeneration Hypertensive heart disease Hypertensive renal disease Anterior horn cell disease Old myocardial infarction CAUSE OF DEATH Diseases of mitral valve Mental Disorders Senile dementia heart disease Sense Organs GROUP V11 pilepsy GROUP V1 GROUP V I.C.D. CODE 80. 290 331 335 345 394 395 402 403 410 412 415 416

Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

ſ		_	H			\vdash		-				
I.C.D. CODE	CAUSE OF DEATH	TOTAL		UNDER 1	AGE 15 - 2	24 2	AGE 25 - 44	45	AGE - 64	AGE - 74	AGE 75 +	
NO.		SE.		LL	*	<u> </u>	LL EE	*	L	E	æ	۶
	Brought forward	102 90	-	1	-		ب ا	17	80	41 18	41 6	79
	GROUP VII Cont'd					-						
425	Cardiomyopathy	2 4		+	1		1		က		ł	1
426	Conduction disorders	-		1	1		1		1	1	ı	- 4
427	Cardiac dysrhythmias	1 2		1	1		1		1	1	-	-
428	Heart failure	5 8		1	' '		· •		1	1 -	4	∞
430	Subarachnoid haemorrhage	-		1	'		_		1	1	ı	+
431	Intracerebral haemorrhage	8 7		1	-		1		ł	1 3	2	4
434	Occlusion of cerebral arteries	3		1	' '		-	_	-	2 1	1	2
436	Acute but ill-defined cerebrovascular					-						
	disease	12 13		1	1			- -	1	9	9	01
437	Other and ill-defined cerebrovascular											
	disease	5 2		1	1		1	-	1	1 -	4	2
438	Late effects of cerebrovascular					-						
	disease	2 3		ı	1		1	1		1 -	-1	က
077	Atherosclerosis	2 5		1	1			<u> </u>		1	2	2
441	Aortic aneurysm	2 3		1	1		,	<u> </u>	•	1	-	က
443	Other peripheral vascular disease	2 -		· ·	1			<u>'</u> 	1	1	2	ı
453	Other venous embolism and thrombosis	- 2		1	1		i			1	1	2
	Totals Group VII	142 150	╀		-	-	₁	3 19	12	55. 25	62 109	6
			+			\dagger		+				T
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Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

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	AGE 75 +	1 1 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
	AGE 65 - 74 M F	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
	AGE 45 - 64 M F		
	AGE 25 - 44 N F		
	AGE 15 - 24 R F		
	UNDER 1 N F		
	TOTAL H F	1 - 1 - 1 - 2 6 4 6 6 4 6 6 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
8:11 contd	CAUSE OF DEATH	GROUP VIII Diseases of the Respiratory System Viral pneumonia Viral pneumonia Pneumonia due to other specified organism Bronchopneumonia, organism unspecified Influenza Chronic bronchitis Chronic airways obstruction, not elsewhere classified Pneumonitis due to solids and liquids Pulmonary congestion and hypostasis GROUP IX Diseases of the Digestive System Disease of oesophagus Gastric ulcer Gastrojejunal ulcer	
Table:	I.C.D. CODE MO.	480 483 485 486 491 496 507 514 530 531 532 534 535 557	

Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

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CAUSE OF DEATH		Brought forward	GROUP 1X cont'd	Chronic liver disease and cirrhosis	Other disorders of gallbladder Diseases of pancreas	Gastrointestinal haemorrhage	Totals Group 1X	GROUP X Diseases of the Genitourinary System	Chronic renal failure	Renal failure, unspecified Other disorders of urethra and urinary	tract	Hyperplasia of prostate	Totals Group X	GROUP X111 Diseases of the Musculoskeletal System and Connective Tissue Diffuse diseases of connective tissue Polymyalgia rheumatica Totals Group X111
I.C.D.			567	571	575	578			585	58 6 599		009		710

3-figure codes and age groups - 1986 Guernsey - Deaths by I.C.D. Table: 8:11 contd

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TOTAL		-	2	2	0 1 1 1 2
CAUSE OF DEATH	GROUP XIV Congenital Anomaliess Other congenital anomalies of nervous system Congenital anomalies of urinary tract	Totals Group XIV	GROUP XV1 Symptoms, Signs and Ill-Defined Conditions Senility without mention of psychosis	Totals Group XVI	GROUP XVII Injury and Poisoning Other and unqualified skull fractures Fracture of neck of femur Fracture of other and unspecified parts of femur Cerebral laceration and contusion Subarachnoid, subdural and extradural haemorrhage, following injury Intracranial injury of other and unspecified nature Carried forward
I.C.D. CODE MO.	742		797		803 820 821 851 852

Guernsey - Deaths by I.C.D. 3-figure codes and age groups - 1986

Table: 8:11 contd

1.C.D.		TOTAL	-	UNDER	-	AGE	AGE		AGE		AGE	-	AGE	
3000	CAUSE OF DEATH			-	15		25 -	\$	- 54	949	65 - 7	74 77	+	
.0		•	<u> </u>	ц. Ж		L .	=	u.	•	L	ш. ж	*	L.	
	Brought forward	9	3		-			,	2		-	2	3	П
	GROUP XVII Cont'd													
861	Injury to heart and lung	-		'		ı	ı	ı			1	<u>'</u>		
867	Injury to pelvic organs	1		1		1	ı	ı			1	<u>'</u>	_	
869	Internal injury to unspecified or ill-		-											
	defined organs	1	_	1	<u></u>	1	ı	1	_ ,		' '	<u> </u>		
873	Other open wound of head	-		1		1	-	ı	ı	,	1	,	•	
881	Open wound of elbow, forearm and wrist	ı		 	<u>-</u>	1	1	<u></u>	1		1		•	
926	Crushing injury of trunk	-		1		ı	1	ı	1	 I	1			
934	Foreign body in trachea, bronchus and													
	lung	-		1	<u>'</u>	1		ı	ı	,	1	<u> </u>	1	
696	Poisoning by psychotropic agents	ı		1	<u>'</u>	1	ı	-	ı	1	1	<u>'</u> 		
986	Toxic effect of carbon monoxide	-	1	1	<u>'</u>	1	-	ı	1	ı	.'	<u> </u>	•	_
686	Toxic effect of other substances,													
	chiefly nonmedicinal as to source			1	<u>'</u>	1		1	ı	<u> </u>	1			
991	Effects of reduced temperature		2	1	<u>'</u>	1	ı	ı	1	ı	ı			
766	Effects of other external causes	2	2	1	<u>'</u>	1		1	1		-			
966	Complications peculiar to certain													
	specified procedures	1		1	<u> </u>		ı	ı	1		-	1		_
	Totals Group XV11	15 1	2	'		,	9	2	2	3	1 2	2 3		5
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DEATHS	Total all Ages					1										
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NON-RESIDENT	Tc all M		⊣ 1	1 🖽	ω		1 1	1 1		<u>'</u>					14	
8:12 GUERNSEY -	CAUSE OF DEATH	GROUP 11	Malignant, stomach Malignant, pancreas	700	GROUP VII Acute myocardial infarction	Other chronic cardiac ischaemia	y near cythmias	Heart failure Cerebral arterial occlusion	GROUP V111	Pneumomia organism unspecified	GROUP XV1		Multiple fractures involving skull or	Iace with other bones Effects of other external causes	TOTALS	
Table:	I.C.D. CODE No.		151	174	410	414	41.7	428		486	797		804	994		



